

WCAC Early Head Start Newsletter



March/April 2017

Get Involved!

Many times as parents we are always looking for more ways to help our children. It is important to remember that you as a parent are your child's first educator and biggest advocate.

So what can you do as a parent to help? The possibilities are endless!

**Attend socializations. Early Head Start offers multiple socializations a month where you can come do activities together as a family. This is also a wonderful time to meet other parents and families in the program.

**Attend a parent meeting. Parent meetings are held during our Monday socialization. The meeting lasts about 20 minutes and is a great way to learn what is new with Early Head Start, what exciting activities we have planned, any budgeting news, etc. This is also a great time to input any ideas you have that can help make our program the best it can be!

**Attend a Policy Council Meeting. These are held the first Tuesday of each month in the evening. Child care and dinner is provided. This is a wonderful opportunity to be even more involved in the Early Head Start/Head Start process.

**Volunteer your time. There are tons of opportunities in Early Head Start and Head Start that you as a parent can take advantage of. Reading to a classroom, demonstrating a special skill, helping teachers with prep work.

**Share your knowledge. We are always looking for parents to share knowledge they have. It may be a favorite recipe, parenting tip, fun activity or anything you feel our families may benefit from knowing. Simply give it to your Family Educator and we will publish it in our newsletter!

Write a letter. Share with our government how Early Head Start or Head Start has helped your family. Whether at the State or the Federal level, let your voice be heard.

Federal Officials:

Senator Elizabeth Warren, 317 Hart Senate Office Building, Washington, DC 20510
Congressman Richard Neal, 341 Cannon House Office Building Washington, DC 20515
Congressman Jim McGovern, Washington, DC Office 438 Cannon HOB Washington, DC 20515

State Officials:

Governor Charlie Baker, Massachusetts State House, Office of the Governor, Room 280, Boston, MA 02133
Senator Ryan Fattman, State House, Room 111, Boston, MA 02113
Representative Peter Durant, State House, Room 33, Boston, MA 02113
Representative Joe McKenna, State House, Room 437, Boston, MA 02113

Upcoming Events

MONDAY MARCH 6th: Socialization 10:30-12:30 Parent Meeting
11:00-11:20

Margo Chevers will also be here from the Tri-Town Domestic Violence Task Force to provide our parents with information.

TUESDAY MARCH 7th: Policy Council meeting 5-7 p.m. Dinner and childcare provided

THURSDAY MARCH 16th: Socialization 3:30-5:30

THURSDAY MARCH 23rd: Pumpernickel Puppets Show Doors open at 3:30, Show at 4:00

WEDNESDAY MARCH 29th: 9:00-11:00 Cooking Matters Class (Class every Wednesday through May 17th. No class 4/19 or 5/3)

FRIDAY MARCH 31ST: Socialization 10:30-12:30

March 2nd is Dr. Suess's Birthday! All month long we will be doing activities based on his books during socializations. All EHS children will get a Dr. Suess certificate at the end of the month

FRIDAY APRIL 7TH: Socialization 10:30-12:30 **PICTURE DAY!!!!!!**

MONDAY APRIL 10TH: Socialization 10:30-12:30 Parent Meeting
11:00-11:20

MONDAY APRIL 17TH: Head Start Closed for Patriot's Day

TUESDAY APRIL 25TH: Dental Van 9:00

THURSDAY APRIL 27TH: Socialization 3:30-5:30 Multicultural Night
Special performance 6-7 pm from the Dragon Dancers

Parent and Staff Contributions

Possible Fundraising Ideas

Provided by: Carlos T.

EHS Parent

- * Bake Sale
- * Car wash
- * Banquet
- ◆ Selling Candy bars
- ◆ BBQ Day
- ◆ Field Day (dunk tank)
- ◆ Yard Sale
- ◆ 50/50 Raffle

We are open to all ideas parents may have. Funds raised will be used towards field trips and other EHS activities.

15 Minute Clean Up

Provided by: Kristina S.

EHS Staff

Set a time each evening when everyone (Mom and Dad included) put their electronics and phones in a designated place. Set a timer and everyone spends 15 minutes cleaning up. Use this time to:

Make sure toys are picked up

Clothes are put out for the next morning

Put together lunch boxes for the next

morning

Empty the sink

Set up your coffee pot for the next morning

Follow this schedule Sunday through Thursday. Explain to your children that 15 minutes is the maximum amount of time. If everyone does their share it often takes less than 15 minutes!

Visit Us On the Web

www.wcac.net/youth-and-family-services/early-head-start/

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Worcester Community Action Council